

MARCH 6-10, 2019

MIAMI SAILING WEEK

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SAILING INSTRUCTION

A-CATS, LASER CLASSES and 420's

(A-Cats, Standard, Radial & 4.7 Lasers and 420's)

7-10 March 2019

1. RULES & ELIGIBILITY

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS 2017-2020).
- 1.2 Sail numbers are required to race.
- 1.3 All A-Cats are welcome.
- 1.4 All Laser size rigs, all sexes and all ages are welcome. Sailors are free to choose their rig size at registration, depending on their fitness level, height, age and weight but shall not change their selected rig size after registration. There will be trophies for the first three places for each rig size. There will be no "Open" class.
- 1.5 RRS 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NoR), the SI shall govern.
- 1.6 The following new rule is added:
 - 1.6.a **Informing the Race Committee:** A boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees, shall, at the first reasonable opportunity after she finishes, inform the Race Committee of her intent to protest and, when applicable, the identity of the protestee.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located in Regatta Park Zone 1

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any change in the Sailing Instructions will be posted before 0800 on the day on which it will take effect, except that any change to the schedule of races will be posted by the end of protest time limit on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the Coconut Grove Sailing Club (CGSC)

5. SAILING AREA

- 5.1 Racing will take place in the vicinity of Brennan Channel
- 5.2 On Saturday March 9, the A-Cat Fleet will be on the same start line as the Laser and 420 Fleets, but with a separate course and starts.

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6. COMPETITORS' MEETING

- 6.1 The A-Cats competitors' meeting will be held at 1830 on Wednesday, March 7 at CGSC.
- 6.2 The Laser and 420 competitors' meeting will be held at 0845 on Saturday 9 March at Regatta Park.

7. SCHEDULE OF EVENTS

- 7.1 Nine races per class are scheduled. One race per class constitutes a regatta.
- 7.2 There may be separate starts for individual classes or combinations of classes.
 - 7.2.a If there are separate starts, the order of starts will be displayed on a whiteboard on the stern of the RC Signal Boat.
- 7.3 The schedule of events (a more detailed schedule is included in the NoR):

Wednesday 6 March

- 1700 A-Cat Registration/Check-in @ CGSC
- 1830 A-Cat Skippers Meeting @ CGSC

Thursday 7 March

- 1100 A-Cat first warning

Friday 8 March

- 1100 A-Cat first warning
- 1700 Laser and 420 Registration/Check-in @ CGSC

Saturday 9 March

- 0915 Laser & 420 Skippers Meeting @ Regatta Park
- 0930 Launch and Sail to Course Area
- 1100 1st warning signal all classes
- 1400 No further A-Cat warning signals
A-Cat Awards after racing

Sunday 10 March

- 0900 Launch and Sail to Course Area
- 1000 1st warning signal
- 1400 No further warning signals
Awards after racing

8. COURSES

- 8.1 Target time for courses are 40 minutes or less.
- 8.2 The diagrams in Appendix A show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
 - 8.2.a **Laser 4.7 L Course** will be to a shorter windward (a small yellow ball) mark.
- 8.3 No later than the warning signal, the RC Signal Boat will display on its stern the course and approximate compass bearing of the first leg.

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8.4 When there is a gate at the leeward mark, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If either gate mark is missing, the remaining mark shall be rounded to port.

8.5

9. MARKS

9.1 Marks will be orange tetrahedrons except for Laser 4.7 Course L Mark A will be a yellow ball for a shorter weather leg.

9.2 Start and finish pins will be yellow tetrahedrons.

10. STARTING SIGNALS

10.1 Races will be started using RRS 26 (Starting Systems).

10.1a If there are separate starts for individual classes or combination of classes, the class flag(s) for the starting fleet(s) will be displayed at the warning signal.

10.1b Laser Flags - (Standard=white with red symbol) (Radial= white with blue R) (4.7=Green square)
A-Cat Flag – _____

420 Flag=white with 420 numerals

10.1c Starting line will be between an orange flag on an RC boat at the starboard end and yellow tetrahedron on the port end.

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the Race Committee will move the original marks (or the finishing line) to a new position.

12. THE FINISH

12.1 The finish line will be between a staff with an orange flag on a RC boat and a yellow tetrahedron.

12.2 Flag 'A' will be displayed (with no sound) while boats are finishing indicating 'No more racing today'

13. TIME LIMITS

13.1 The time limit for the first boat in a race to sail the course and finish is sixty (60) minutes.

13.2 For Laser Radials and Laser 4.7s, failing to finish within twenty (20) minutes after the first boat in their fleet sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

14. PROTESTS

14.1 The RC shall post on the Official Notice Board in Regatta Park the time of landing of the RC Signal Boat, the sail number of all boats protesting and/or being protested that the RC received on the water and all boats penalized by the RC.

14.2 Protests shall be written on forms available at the Regatta Park Safety/RC Desk and filed within Protest Time Limit (60 minutes of the arrival of the RC Signal Boat at CGSC).

14.3 Protests will be heard in the approximate order in which they were received and the hearings will start as soon as practical.

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15. SCORING

- 15.1 If six (6) or more races are completed, each boat's series score shall be the total of her race scores excluding her worst score.
- 15.2 When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores.

16. SAFETY

- 16.1 Life jackets must be worn by all competitors while on the water. Failure to do so is grounds for protest only by the RC. The penalty will be determined by the jury.

17. COACH AND SUPPORT BOATS

- 17.1 Team leaders, coaches and other support personnel shall not be in the racing area of within 300 feet of boats racing or about to start in the next flight from the time of the warning signal for the first class to start until all boats in the same flight have finished racing or the Race Committee signals postponement, general recall or abandonment. If the jury receives a report of a violation of this rule, it may call a hearing to investigate the incident and may report the infraction to their Club and US SAILING and/or penalize boats associated with the support personnel who do so.

18. DISCLAIMER OF LIABILITY

- 18.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the Regatta entirely at their own risk. STUDIOMILANO, Miami Sailing Week, Organizing Authority, Sponsors, Support Facilities, Volunteers, Agents, Employees and Service providers, the PRO and the Committee will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the Regatta for both on the water and on land activities. By participating in this event, each competitor (owners, skippers, and crews) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 18.2 Boat parking spaces are unsupervised, therefore parking is at your own risk. The Organizing Authority, sponsors, partners and host clubs are not responsible in any possible way. By participating in this event, participants (owners, skippers, crews, coaches, parents) waive and release any and all responsibilities including but not limited to theft and damage and assume all risks to the fullest extent permitted by the law.

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Appendix A Course Diagrams

A-Cat, Laser & 420 Course Diagrams

1. **L Course**
 - a. a Gate may be replaced with a single leeward mark as Mark 4
 - b. L 2 Laser 4.7 course = Start - A - 4 - A - Finish
 - i. Mark A will be a short windward mark (yellow)
 - c. Course L1 = Start - A or 1 - Finish
2. **O Course**
 - a. Gate may be replaced with a single leeward mark as Mark 3
 - b. Course O1 = Start - 1 - 2 - 3P - Finish

