

2019 MIAMI SAILING WEEK

March 8-10

OPTIMIST GREEN FLEET

SAILING INSTRUCTIONS (SI)

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2. RRS 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NoR), the SI shall govern.
- 1.3. As Green Fleet is a learning fleet, protests will not be heard by Race Committee and are instead learning opportunities for competitors and parents. An open discussion of the protest process (mock protest) may be held if resources are available. All competitors, parents and coaches are encouraged to attend and observe.

2. NOTICES TO COMPETITORS.

- 2.1. Notices to competitors will be posted on the Official Notice Board, located at Regatta Park Zone 1

3. FORMAT

- 3.1. Green Fleet will sail as one division.

4. CHANGES TO THE SAILING INSTRUCTIONS (SI)

- 4.1. Any change to the SI will be posted on the official notice board by 0800 on the day that it will take effect, except that any change to the schedule of races will be posted by the end of protest time limit on the day before it will take effect.

5. SIGNALS MADE ASHORE AND LAUNCHING

- 5.1. Signals made ashore will be displayed from the flag pole located on the lawn of the Coconut Grove Sailing Club (CGSC).
- 5.2. When flag "AP" is displayed, "1 minute" is replaced with "not less than 45 minutes" in Race Signal "AP". This changes Race Signal "AP."
- 5.3. All boats shall be kept at Regatta Park Zone 2 in the assigned area until the harbor launch (see SI 5.4).
- 5.4. Harbor Launch: Boats shall not launch until flag "D" is displayed on the CGSC flagpole with one sound signal, and shall obey verbal launching instructions.



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6. SCHEDULE

6.1. The Green Fleet will sail as many races as practicable

6.2. Up to five (5) races may be sailed per day (NOR 7.3)

6.3. Detail Schedule:

Day	Time (24hr)	Activity	Location
Friday, March 8th	1000	Regatta Park Zones open to competitors	Regatta Park
	1700 – 1900	Competitor and Coach check-in.	CGSC
	1700 – 1900	Support/coach power boat registration for ID flag.	CGSC
Saturday, March 9th	0700 – 930	Continental Breakfast for Competitors	Regatta Park (RP) Zone 1
	0700 – 830	Late Check-in	RP Zone 1
	0830 – 930	DIY Lunch Station	RP Zone 1
	0845	Coaches Meeting	RP Zone 1
	0845	Safety Desk opens for sign-out	RP Zone 1
	0900	Welcome Ceremony and Skippers Meeting	RP Zone 1
	1000	Harbor Start for Green Fleet	RP Zone 3
	1100	First Warning	Biscayne Bay
	After Racing	Check-in at Safety Desk	RP Zone 1
	1730	Dinner for all competitors sponsored by Matilde's Tiramisu. Additional tickets available at check-in	CGSC
Sunday, March 10th	0730 – 900	Continental Breakfast for Competitors	RP Zone 1
	0800 – 0915	DIY Lunch Station	RP Zone 1
	0800	Coaches' Meeting	RP Zone 1
	0815	Safety Desk opens for sign-out	RP Zone 1
	0900	Harbor Start for Green Fleet Optimist	RP Zone 3
	1000	First Warning	Biscayne Bay
	1400	No Warnings after this time	Biscayne Bay
	After Racing	Sign-in at safety desk	RP Zone 1
After Racing	Awards Presentation	Coconut Grove Sailing Club	

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7.1. The racing area for Green Fleet will be due south of Dinner Key Islands in the vicinity of Ransom Everglades.

8. THE COURSE AND CHANGES TO COURSE LEG(S)

8.1. SI Appendix 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.

8.2. To change the next leg of the course, the race committee will move the original mark (or move the finishing line) before the first boat has rounded the previous mark. No signals are required for this change. This changes rule 33.

9. MARKS

9.1. Rounding marks 1, 2, 3 will red inflatable cylinder buoys.

9.2. The starting marks will be between a race committee vessel displaying an orange flag and an orange cylinder

9.3. The finishing marks will be the same as the starting marks.

10. RESTRICTED AREAS

10.1. The **racing area** is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official vessels (designated as such by the race committee) may enter the racing area while boats are racing.

10.2. The **waiting area** is the area to starboard of the starting line, marked by a series of small balls or marks. Support Vessels are to anchor with their anchors to starboard of the line formed by the row of small balls or marks, or, in the absence of small buoys, at a distance specified by the Principal Race Officer.

11. THE START AND THE FINISH

11.1. Races will be started in accordance to Appendix U. The race committee may verbally hail the countdown. The class flag will be displayed on the signal boat during the start sequence.

11.2. Class flag will be a green flag.

11.3. The starting and finishing line will be between a staff displaying an orange flag on a race committee signal vessel and an orange inflatable cylinder

11.4. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to RRS A5.



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- 11.5. The start-finish line will not be an “obstruction” and will be open to boats sailing downwind.
- 11.6. Boats that have finished shall immediately sail to the right of the finish line and stay clear of all other boats that are still racing.
- 11.7. Flag “A” displayed (with no sound) while boats are finishing means “No more racing today.”

12. TIME LIMITS

- 12.1. The time limit for the first boat in a race to sail the course and finish is ninety (90) minutes.
- 12.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

13. PROTESTS AND PENALTIES

- 13.1. The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one gybe is required. This changes rule 44.1.

14. SCORING

- 14.1. The Low Point Scoring System of RRS Appendix A will apply
- 14.2. One (1) completed race shall constitute a regatta
- 14.3. Scoring based on number of races completed:
 - 14.3.1. When fewer than six (6) races have been completed, a boat’s series score will be the total of all of her race scores.
 - 14.3.2. When six (6) or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.

15. SAFETY AND CHECK-OUT/CHECK-IN PROCEDURES

- 15.1. All boats may be inspected for proper rigging and safety prior to racing.
- 15.2. All Green Fleet sailors, NOT PARENTS, are required to personally Check-Out at the safety table located in Regatta Park Zone 1, indicating their departure to the race course. If a competitor will not be racing that day, he or she shall notify a volunteer at the safety table. Immediately upon returning to shore, but not later than 30 minutes after the race committee signal boat docks, competitors shall personally Check-In at the safety table located in Regatta Park Zone 1 indicating their safe return to shore.
- 15.3. An adult (parent, guardian or designated adult) is responsible for the safety of their sailor. It is the responsibility of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.
- 15.4. Parents not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall

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indicate in writing at Competitor Check-In the parent or adult representative that will be responsible for the competitor throughout the event.

- 15.5. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 15.6. Every sailor must wear a non-inflatable U.S. Coast Guard approved personal flotation device (PFD). PFDs must be fully secured (zipped, clipped and strapped) at all times on the water, except for brief periods for the removal or adding of clothing.
- 15.7. Each competitor must have a whistle attached to his or her PFD at all times on the water.
- 15.8. Each boat shall have a secure loop tied at the end of its painter (bow) line.
- 15.9. Any sailor retiring from a race must notify a race committee boat or safety boat before leaving the course.

16. EQUIPMENT AND MEASUREMENT

- 16.1. Measurement may be made of boats at any time during the regatta at the discretion of the race committee.

17. SUPPORT PERSON REGULATIONS

- 17.1. Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 17.2. Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 17. Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race ("No Communication Period"). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".
- 17.3. **General support (coach and spectator) vessel requirements:**
 - 17.3.1. Support vessels shall display a numbered flag provided by the organizing authority at all times while on the water. All support vessels shall carry a VHF radio and monitor the race committee channel, VHF 68.



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17.3.2. No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.

17.3.3. Support vessels shall follow the instructions of race committee, patrol, safety, protest committee, and other race management vessels at all times.

17.3.4. No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.

17.4. Restrictions:

17.4.1. All support vessels shall stay out of the racing area while boats are racing. Only coaches are permitted to communicate with sailors during the race.

17.4.2. Certain support vessels may be designated as rescue craft by the Principal Race Officer or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.

17.4.3. There shall be no anchoring inside the course or in the vicinity of the finish line. Refer to SI Appendix 1 for the waiting area for support vessels.

17.5. There shall be no unapproved unmanned aerial vehicle (UAV) drone flight permitted above the racing area, waiting area, coach/spectator boat zones, start line or finish line.

17.6. Penalties:

17.6.1. Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 17 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.

17.6.2. Coaches, parents, or spectators that repeatedly and/or intentionally break SI 17 may be subject to disciplinary actions up to and including exclusion from the venue.

18. COACHING

18.1. Coaching is encouraged by the race committee. Coaching is reserved for the bottom half of the fleet. All coaches are required to assist all sailors. All coaches are required to prominently display their coach flag and to have VHF radios on and operating on the Green Fleet race committee channel, VHF 68, at all times while racing is underway. The race committee has the right to remove from the Green Fleet course any coach who disregards the instructions of the race committee.

18.2. SI 17.6 is applicable to coaches who disregard SI Rule 18.

19. ENVIRONMENT

19.1. Competitors and coaches are expected to comply with RRS 55. Trash may be placed aboard race committee and support vessels.



20. SPECIAL INSTRUCTIONS

20.1. Boats are required to display advertising, if any, chosen, supplied, and as instructed by the organizing authority.

21. DISCLAIMER OF LIABILITY

21.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the Regatta entirely at their own risk. STUDIOMILANO, Miami Sailing Week, Organizing Authority, Sponsors, Support Facilities, Volunteers, Agents, Employees and Service providers, the PRO and the Committee will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the Regatta for both on the water and on land activities. By participating in this event, each competitor (owners, skippers, and crews) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

21.2. Boat parking spaces are unsupervised, therefore parking is at your own risk. The Organizing Authority, sponsors, partners and host clubs are not responsible in any possible way. By participating in this event, participants (owners, skippers, crews, coaches, parents) waive and release any and all responsibilities including but not limited to theft and damage and assume all risks to the fullest extent permitted by the law.

22. PRIZES

22.1. Prizes to be awarded are described in the Notice of Race Amendment #2. Additional prizes may be awarded at the discretion of the Organizing Authority (OA).

Regatta Director Gabriele Pedone

Principal Race Officer Alberto Olivo

GREEN FLEET OPTIMIST

SI APPENDIX 1

